



## **Our Roots**

The Falmouth Wheelers Club was formed in 2000, as these things are, with a letter to the local paper and a few like-minded cyclists getting together in the pub. The first Sunday meet-up saw 33 cyclists go out in three groups, with ride distances of 8, 11 and 20 miles. and it wasn't long before there was a bank account, someone "volunteering" to write ride reports and discussions about trips to France. Social group rides just over the Channel have continued each year since, apart from during Covid, and expeditions further afield, to Ireland, the Pyrenees and the Med have been a regular addition to the club calendar. Many members also enjoy longer rides in the UK undertaking the John-o-Groats-to-Lands-End Ride and many of the organised Sportive and Audax events held throughout the year.

The club has come, and cycled, a long way since 2000 but still retains its small friendly feeling - a club that welcomes new and old members alike.

## **The Committee**

Chair – Fred Pullen

Deputy Chair – Amanda Hudson

Treasurer – Phil Samuel

Secretary – Liz Himmick

Contact them at [welcome@falmouthwheelers.co.uk](mailto:welcome@falmouthwheelers.co.uk)

## **Rides**

We will have various rides each Sunday, depending on who's there and what the weather is doing. Anyone can suggest/lead a ride. We have no formal ride leaders, just some who might know a few more routes than others.

We are open to anyone wanting to plan a route and there will always be others who are able to help you.

Ride distances can vary from 25 miles – 125 miles, if you fancy a challenge.

## Where and when we meet

**Wednesday** at 8.50am or 9.30am (slower group)  
Union Corner Roundabout. Dime. Words. Punchy\*

**Wednesday** 6pm (in summer)  
Falmouth Business Park. TR11 4SZ. Home.Poet.Happy\*

**Sunday** 9am  
Falmouth Business Park TR11 4SZ. Home.Poet.Happy\*

**The last Thursday** of every month, Club Meeting at 7pm. Woodlane Social Club,  
WoodLane, TR11 4RG. Activism. Rider. Amuse\*

## Pathfinder Rides

Every month we arrange a Pathfinder ride for the whole club to take part in. This is a chance to show off the club jerseys en masse and get together with all the members. The organiser (any member can be an organiser) will let us know the start point. This is usually somewhere out of Falmouth. We will then ride for about 25 miles, including a lunch stop before returning to the start point. Keen riders will cycle to the start point, ride the loop and then cycle home again (about 60-75 miles). It's a great way to meet everyone and encourages new or less experienced riders to visit new roads. Car sharing can be arranged via Facebook, WhatsApp groups or at our meet-ups.

## Ride Reports

We love a ride report, especial if we haven't managed to ride that day. Anyone can volunteer to write a report, and it's good to have different viewpoints on the rides and what details stood out for you. Photos are a great addition if you can. Please send reports with any photos to – [news@falmouthwheelers.co.uk](mailto:news@falmouthwheelers.co.uk)

## Club Kit

We have Club Kit such as Buffs, short-sleeved and long-sleeved jerseys. Ordering instructions, a size chart and current stock can be found [here](#)

## Advisory for all Members

- Cycling insurance. Cover through [Cycling UK](#) or other insurance providers can give you peace of mind as well as member discounts and benefits.
- Carry the essentials. What you need on a ride depends on how long you're heading out for. Here's a good article from [British Cycling](#) as a starting point.
- Download [What3words](#) to your phone. This App will pinpoint where you are to a 3-meter radius. It's ideal in emergencies, but it can also be a good way to arrange a meeting point.
- Regularly check your bike over for wear and tear and carry out maintenance.
- [Register](#) on and check the club website on a regular basis.
- Treat all road users with respect and cycle responsibly adhering to the Highway Code and/or Road Regulations for the country you are in.
- Check out [Rider Etiquette](#)

## Ways to get in touch

[Facebook page](#)

Contact the Committee to be added to our WhatsApp Groups on 07958956216 or on the club's [website](#)

Club Website [message board](#) and [Forum](#)

Our monthly meetings and club rides

Email us [Welcome@falmouthwheelers.co.uk](mailto:Welcome@falmouthwheelers.co.uk)

\*What3Words location