



FALMOUTH WHEELERS

Pathfinder Guidelines

A Pathfinder ride is an organised monthly group ride that is suitable for all cycling abilities. It's an opportunity for members to ride on new roads; further afield than our usual club rides and to ride and chat with other group members.

New riders will have the opportunity to learn from the more experienced members. It's a day out on a sociable ride.

Anyone in the club can organise a Pathfinder ride either on their own or with others.

- Decide the date:
Check for any clashes with special dates such as bank holiday weekends, Audax /Sportive events Mother's Day etc.
- Start place
Consider the parking arrangements and toilets.
Use What 3 words to identify the start of the ride.
- Time
10am start is generally acceptable and allows for some riders to cycle to the start point to add extra miles.
- Milage
25 -35miles 40 - 56Km (depending on the terrain).
- Give an overview of your ride to the Committee to be included on the Website and social media pages. Include all the above points and a general paragraph on what to expect including the approximate milage and terrain. This will allow all riders to be prepared and plan their day.
- Terrain/Route – We know Cornwall can be hilly but plan a route that suits all abilities and allows everyone to stay comfortably within the group ride.
As a guideline, aim for no more than 1000ft/305metres per 10miles/16km (e.g., 25miles/40kms = less than 2500ft/762metres.
Consider the number of right-hand junctions – Clockwise or anti-clockwise routes.
- Lunch
Check the venue prior to the day for size, menu suitability (dietary requirements) and capacity. Call the venue on the day to update on numbers and a rough time of arrival.

- Leading the ride
Welcome everyone and count the number of bikes/riders.
Introduce your ride. This might include giving riders an idea of the terrain and any steep inclines, long hills or busy roads coming up.
Ask all riders to arrange themselves into smaller groups (4/5 of equal ability) in preparation for riding on any busy roads.
You might want to send a GPX file or print a map of your route to all or a select number of members prior to the ride.
Ensure you have enough helpers/leaders/sweepers on the day.
Have the contact telephone numbers for your helpers.
- Adhere to the Highway Code and our Group Ride Guidance and remind all riders of this prior to setting off.
Ride at the front of the group and ask riders to stay behind you unless they are part of the leading group.
- Take some photos for the website and nominate someone prior to the start to write up a Ride Report.